



General Information-Day Program

The Mountain Lab School is an *Outdoor Education program* where *nature is the classroom* that seeks to *ignite a lifetime of learning and adventure*.

History: Since 1983, IdRaHaJe has been offering amazing outdoor education experiences through the Mountain Lab School. We offer a wide variety of classes and activities facilitated by highly trained staff. Join us for the best day or week of your school year.

Programming

Our programs are geared for grades 4th-8th. Contact us for 1st-3rd and 9th-12th options.

<u>Classes We Offer:</u>	<u>Typical Day at Mountain Lab:</u>
<u>Environmental Education</u> Animal Habitats Big Valley Erosion Geology of the Rocky Mountains <u>Outdoor Skills</u> Animal Tracking Archery Orienteering Riflery Survival Skills (Fire or Shelter Building) <u>Adventure Experiences</u> Bouldering Climbing High Ropes Course Rappelling <u>Social-Emotional Learning</u> Initiative Games Team Building Challenge <u>Living History</u> Pioneer Study	9:30-9:45 Arrive at IdRaHaJe 9:45-10:00 Orientation Circles 10:00-12:00 Class 1 12:00-12:45 Lunch 12:45-2:45 Class 2 2:45-3:15 Stores 3:15 Depart IdRaHaJe *Note: We also can offer a 3 rd class option as well as a dinner option.

Contact us at mils@idrahaje.org for additional class options and more information.