



Day Only Packing List

Please make sure your child has the following items:

As you and your child pack for this trip, please take into consideration the following:

1. The Mountain Lab School is located at an elevation of 8,700 feet. Due to the high altitude and the unpredictable Colorado weather, every student needs to be prepared. Chances are, students will experience frequent, and sometimes extreme changes in weather conditions; therefore, they need to be prepared for 'mild' to 'winter' type weather. Remember, this is OUTDOOR education.
2. All items (clothes, etc.) should be clearly marked with the student's name. Students are responsible for their own belongings.
3. Clothing should be practical and in good repair, but please remember classes will be outdoors and students will get dirty.

REQUIRED ITEMS:

- Day Pack (**Every student should bring one!**)
- Reusable water bottle - 1 quart (**Every student should bring one!**)
- Light jacket or sweatshirt
- Waterproof jacket or poncho
- Pencils/Pens
- Clipboard or hard writing surface
- Sunscreen
- Seasonal: snow boots, snow pants, and insulating layers
- A good pair of shoes is important. Light hiking boots or athletics shoes work best.
- Warm jacket, hat & gloves depending on season
- Pants (either being worn or packed if wearing shorts)
- Mask**
- Optional: Spending money for IdRaHaJe's souvenir store
- Optional: Personal hand sanitizer
- Optional: Healthy Snacks
- Optional: Handwarmers (Hothands)

DO NOT BRING: Cell phones, radios, electronic games, MP3 players/iPods, knives, matches/lighters