



Family Mountain Adventures Activity Guide

Horse Session: This activity provides your group with time to interact with our horses in a way that is age appropriate for everyone. Our horse sessions include basic horsemanship, a clinic on how to ride a horse, and may include a trail ride. All independent riders must be at least 7 years old and should be comfortable managing a horse independently. We can offer arena rides and basic horsemanship experiences customized to riders ages 3-5 or anyone uncomfortable with independently managing a horse on a trail ride. We can also offer those ages 5-6 years of age a trail ride (NOT including Breakfast or Dinner Trail Rides) with the help of an IdRaHaJe staff member as a walking guide! If your group has a variety of ages and skill levels, we can split up your group during your horse session if one (1) supervisory adult stays with the arena rider(s).