



## Family Mountain Adventures Activity Guide

**Disc Golf:** IdRaHaJe property contains two 9-hole courses which combine to create a unique 18-hole round of mountain disc golf. Depending on your group size and speed of travel, you can choose to complete just one course, all 18 holes or a modified version. An IdRaHaJe staff member will help guide your group as you dodge trees, hike through the woods and try for par as you experience disc golf IdRaHaJe style. We provide at least one long range disc and one putter for each participant, or you can bring your own discs. This activity requires at least one supervisory adult to walk the course during play which involves travel over uneven, mountainous terrain.