



Family Mountain Adventures Activity Guide

Climbing: This activity introduces you to the sport of rock climbing using one of IdRaHaJe's climbing areas. You will be instructed on the various safety systems, climbing equipment and terminology used by rock climbers all over the world. Opportunities to climb up various routes, ranging in difficulty, will be provided. Depending on the length of your package, you may also have the opportunity to learn and practice climbing techniques and master basic knots.