

## A-5 Equipment List

Every camper must bring the items listed below:

Items **Bolded** are available to rent from IdRaHaJe for an additional fee.



### Clothing

- 2 pairs of pants (fleece, light-weight wool, or synthetic)
- Medium weight shirt or sweater (fleece or wool)
- Medium weight jacket (fleece or wool)
  - Avoid cotton hoodies
- **Long sleeve polypropylene shirt (Under Armor type material) – Rent one for \$5**
- Rain Jacket or rain poncho
- T-shirts
- Underwear
- Pair of hiking shorts
- Two pairs of shoes or boots
  - Pair of light weight shoes for water activities (Tennis shoes or sandals with a back strap. Crocs do not count).
  - Pair of hiking shoes or boots (*Well broken in with good tread for hiking!*)
- 3 pairs of wool or synthetic socks (or equivalent – No cotton!)
- Beanie/warm hat and lightweight gloves
- Sun hat (ex. baseball cap)
- Long underwear pants (polypro/Under Armor)
- One-piece swimming suit

### Equipment

- **Mountain bike – Rent one for \$20**
- Bike helmet (included with bike rental)
- Warm, light weight sleeping bag (synthetic or down)
- Whistle (barrow one for free)
- Sunglasses
- Sun block lotion (Please review our sunscreen policy)
- **Daypack (school backpack or similar size backpack). - Rent one for \$7**
- Headlamp with extra batteries or small flashlight
- Bandanna
- Bible
- Notepad and pen/pencil
- Insect repellent
- ChapStick
- Water bottle
- Toothbrush & toothpaste
- Towel
- Bathroom accessories (toiletries, towel, wash cloth, etc)

**Optional Items**

- Camera (don't bring an expensive one!)
- **Rock climbing shoes – Rent a pair for \$10**
- Frisbee or hacky sack
- Spending money
- Personal snacks (no gum, sunflower seeds, or nuts of any kind.)

**Do not bring**

- Cell phones, iPods or other MP3 players, tablets, laptops, electronic games, etc.

**Camp provides**

- ☐ Leaders/Guides, technical equipment, food, first aid