



Field Trips Preschool & Kindergarten Programs

Description: IdRaHaJe's Mountain Lab School (MLS), based in Bailey, CO, has been running outdoor education programs for Denver-area schools since 1983. Our MLS Field Trips are a great way to immerse students in hands-on activities, outdoor skills, social-emotional learning, teamwork, problem solving and experiential education at IdRaHaJe's amazing 262-acre campus and new Gym & Education Center.

Field trips can be built for **both Christian and secular** groups ranging in size from **5-60 students**. Our trained staff will design an unforgettable experience specific to your group's size, age and programming desires. Contact us at mls@idrahaje.org or 303-838-5668 to schedule your field trip or learn more.

Class Options:

- Hike through Nature
- Wild about Wildlife
- Terrific Trees
- Climb Time: On Belay
- Archery Basics
- Treasure Hunt: Learn to Read a Map

3-hour Program *Great for Full-Day Kindergarten Groups

Fee: \$10/student

Program Includes: 2 Classes, Supervised Open Gym

Required Chaperone Ratio Provided by the School: 1 adult per 10 students

Suggested Schedule:

10:00 AM	Arrive, Check-in, Bathrooms & Name-tags
10:15-11:15	Class #1
11:15-11:45	Sack Lunch & Open Gym/Field Time
11:45-12:45	Class #2
12:45-1:00	Bathrooms, Goodbye & Load Vehicles

2-hour Program *Great for Preschools and Half-day Kindergarten Groups

Fee: \$7/student

Program Includes: 1 Class, Supervised Open Gym & Snack

Required Chaperone Ratio Provided by the School: 1 adult per 10 students

Suggested Schedule:

AM/PM	
9:00/1:00	Arrive, Check-in, Bathrooms & Name-tags
9:15-10:15/1:15-2:15	Class
10:15-10:45/2:15-2:45	Snack & Open Gym/Field Time
10:45-11:00/2:45-3:00	Bathrooms, Goodbye & Load Vehicles

Preschool & Kindergarten Field Trip Class Descriptions

All classes are designed for an hour-long period.

Hike through Nature: This class will introduce young students to hiking in nature. As students are guided along established trails, they will use their senses to experience the natural world. Smelling trees, listening to birds, spying patterns and movements with binoculars and touching the texture of trees will keep these students engaged. If time allows, students will finish this class by creating a drawing of their favorite nature nugget discovered while hiking. Leave only footprints, take only drawings!

Wild About Wildlife: Starting in our wildlife classroom, filled with mounts and pelts of over 20 of Colorado's most common wildlife, students will investigate, classify and identify animals based on a variety of age-appropriate features. Through hands on activities, students will then learn the difference between predator and prey and wild and domestic. This class will end with an outdoor hunt for signs of wildlife and learning how to respect wildlife.

Terrific Trees: Trees are everywhere and are fascinating to learn about. In this class, students will visit and identify 3-5 of the most common trees in Colorado's mountains. Through hands on exploration, the bark, needles and pinecones will be investigated. By using their counting skills, students will learn how to tell the age of a tree. Each student will get to take home their own "tree cookie". This class will end with an interactive song about trees.

Climb Time-On Belay: This class introduces students to climbing walls and how to trust a belay (safety) system using one of IdRaHaJe's climbing areas. Safety gear like harnesses, helmets, carabiners and climbing ropes will be introduced and used. Students will each get a chance to climb as they practice the universal commands of rock climbers. "On belay?" "Belay On!"

Archery Basics: This class introduces young students to the sport of archery. Students will learn about archery equipment, how to properly handle a bow and arrow and range safety. Through instructor assistance, each student will practice proper shooting technique and shoot several arrows.

Treasure Hunt-Learn to Read a Map: Map reading is becoming a lost skill in today's electronic world of smart phones. From a young age, developing critical thinking skills and spatial intelligence is so important. Working as a team and with the help of an instructor, students will get to practice reading a map, searching for clues around IdRaHaJe's upper meadow and ultimately finding a special treasure that they will take home as a souvenir.