



## What to Bring

**As you and your child pack for this trip, please take into consideration the following:**

1. The Mountain Lab School is located at an elevation of 8,700 feet. Due to the high altitude and the unpredictable Colorado weather, every student needs to be prepared. Chances are, students will experience frequent, and sometimes extreme changes in weather conditions; therefore, they need to be prepared for 'mild' to 'winter' type weather. Remember, this is OUTDOOR education.
2. All items (clothes, etc.) should be clearly marked with the student's name. Students are responsible for their own belongings.
3. Clothing should be practical and in good repair, but please remember classes will be outdoors and students will get dirty.

### **REQUIRED ITEMS:**

- |   |  |
|---|--|
| <input type="checkbox"/> Day Pack <b>(Every student should bring one!)</b>  | <input type="checkbox"/> A good pair of shoes is important. Light hiking boots or athletics shoes work best. |
| <input type="checkbox"/> Reusable water bottle - 1 quart <b>(Every student should bring one!)</b>                             | <input type="checkbox"/> Warm hat  |
| <input type="checkbox"/> Light jacket or sweater  | <input type="checkbox"/> Gloves  |
| <input type="checkbox"/> Waterproof jacket or poncho  | <input type="checkbox"/> Pants (either being worn or packed if wearing shorts)                               |
| <input type="checkbox"/> Pencils/Pens   |  |
| <input type="checkbox"/> Notebook and paper   |  |
| <input type="checkbox"/> Sunscreen  |  |
| <input type="checkbox"/> Clothing should be practical and appropriate for the weather. Please check the forecast for the day. |  |

**DO NOT BRING: Cell phones, radios, electronic games, MP3 players/iPods, knives, matches/lighters**

Please do not send food items unless you coordinate with the trip leader(s).