



Packing List

As you and your child pack for this trip, please take into consideration the following:

1. IdRaHaJe is located at an elevation of 8,700 feet. Due to the high altitude and the unpredictable Colorado winter weather, every camper needs to be prepared. During the retreat, activities will take place both indoors and outdoors; therefore, campers should be prepared for 'mild' to 'winter' type weather.
2. All items (clothes, etc.) should be clearly marked with the camper's name. Campers are responsible for their own belongings.
3. All medications being sent (prescription, OTC, and vitamins) must be accompanied by an IdRaHaJe Medication Form. This form must be signed in advance by the prescribing physician or an approved health care provider. Medication must be in the original container that it came in. Homeopathic remedies and essential oils are not permitted at camp.

REQUIRED ITEMS:

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| <input type="checkbox"/> Suitcase or Duffel Bag
(Must fit under the bed) | <input type="checkbox"/> Soap & Shampoo |
| <input type="checkbox"/> Day Pack (School back-pack) | <input type="checkbox"/> Bathroom Tote |
| <input type="checkbox"/> Reusable water bottle | <input type="checkbox"/> Toothbrush & toothpaste |
| <input type="checkbox"/> Sleeping bag & pillow | <input type="checkbox"/> Bag for dirty clothes |
| <input type="checkbox"/> Winter coat | <input type="checkbox"/> Flashlight or head lamp |
| <input type="checkbox"/> Winter hat | <input type="checkbox"/> Pencils/Pens |
| <input type="checkbox"/> Light jacket or sweater | <input type="checkbox"/> Bible |
| <input type="checkbox"/> Waterproof jacket or poncho | <input type="checkbox"/> Notebook and paper or journal for writing |
| <input type="checkbox"/> Gloves or mittens | <input type="checkbox"/> Sunscreen & sunglasses |
| <input type="checkbox"/> Long sleeve shirt(s) | <input type="checkbox"/> Medication Form (see above) & Medications |
| <input type="checkbox"/> T-shirts | |
| <input type="checkbox"/> Long pants (jeans or other durable material) | |
| <input type="checkbox"/> Under clothes | |
| <input type="checkbox"/> Pajamas | |
| <input type="checkbox"/> Heavy socks (wool) | |
| <input type="checkbox"/> Light socks | |
| <input type="checkbox"/> "Hiking boots" / Snow boots & one pair Tennis shoes | |
| <input type="checkbox"/> Optional: Shower Shoes | |
| <input type="checkbox"/> Towel & washcloth | |

Optional Items: camera, book to read, nut-free snacks

DO NOT BRING: Cell phones, radios, smart-watches, electronic games or devices, MP3 players/iPods, and or knives/weapons